

AUGUST 2014

₹100 ONLY

Good Housewifing

HOME ❖ HEALTH ❖ HAPPINESS

KITCHEN & BATHROOM REFRESH

IDEAS TO SUIT ALL BUDGETS (PLUS: GH PRODUCT PICKS)

How to be a friend to a friend who's sick
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SHOULD YOU GO ORGANIC?

Learn more to choose right

DEPRESSION FIGHT IT, DON'T FEAR IT!

15 Gourmet Recipes FOR THE HOME COOK

Lips & Colour

All you need to know

MANISHA KOIRALA

Making lemonade out of life's lemons. What makes this gutsy actor tick?

SPOTLIGHT

Should you change your last name after marriage?



If in
Delhi

Rrala's Habibi: Into The Arabian Nights

Only a few months old and the place is already packed on weekends! Reason: the deliciously flavoured Middle-Eastern spread and the friendly entertainment provided by the owners, a Lebanese couple (singer-dancer). Rrala's Habibi occupies 14,000 sq ft space on the third floor of the MGF Metropolitan Mall. A den of old-world splendour in the form of high velvet chairs and a decadent chandelier greets the guests – a huge dance floor follows. While we wait for the belly dancer, our cocktails arrived with Baba Ghanoush (smoky dip made of eggplants) and Fatoush (salad) – a definite thumbs up. Next, we

ordered Kofta Kebab (made of minced lamb) that took our sensory senses to a new high – soft, succulent and delectable, I can keep going back to Habibi just for this one dish. Served on a bed of rice, the kebabs are a complete meal in itself.

We also tried the Lamb Tangine, served with couscous. Light and fragrant, it was a perfect mix of sweet and tangy and healthy as well. We wrapped up the meal with assorted Baklava. Needless to say, a feast to remember!

Meal for two: ₹2,500 (without alcohol)

Where: At MGF Metropolitan Mall, Saket, New Delhi

-Nandini Banerjee



If in
Hyderabad

Sweet Delights

Conçu is a unique cake and patisserie set up by husband and wife team (Sahil Taneja and Swati Upadhyay). 'Conçu' is a French word and the place is best known for its European desserts such as macarons, tiramisu, russian medovick and choux pastry. Choose between a few flavour combinations – chef Sahil's most delectable eats include the Bailey's and Litchi Paris Brest, Red Wine and Cinnamon Macarons, Chocolate and Whiskey Macarons, Basil Mousse with Mango Sponge and Pineapple and Cherry Tiramisu. Apart from its take away desserts, Conçu also specialises in bespoke fondant celebration cakes tailored to the taste and specifications of the client, as well as its gifting hampers of macarons, tea cakes, sable cookies and dessert jars.

Where: At Road No 36, Jubilee Hills, Hyderabad
Contact: 9985800031



If in
Delhi

Score With Johnny Rockets

Johnny Rockets promises an all Americana experience – of delicious food, great service and fun environment. The menu caters to all age groups and each item has been carefully crafted with fresh, all-natural prime ingredients that come packed with flavour. They have 10 different burgers on the menu, a variety of wraps, sandwiches, hot dogs, salads, desserts and shakes for you to choose from. My favourites from the menu were the Smoke House Single – an exceptional blend of flavours of smoked bacon, crispy sourdough onion rings, cheddar cheese and with the special Smoke House barbecue ranch sauce, the

Hershey's Chocolate shake and the Perfect Brownie Sundae.

They have enough on the menu to excite vegetarians as well. And the added bonus: The staff's dance routine for the diners on classic American numbers! **Where:** At Select CityWalk Mall, Saket

Meal for two: ₹1,500 inclusive of taxes

-Mohini Mehrotra



Gourmet Food Stores In Your City

Godrej Nature's Basket www.naturesbasket.co.in/stores. Also

available at Defence Colony, Greater Kailash and Vasant Vihar, Delhi and Warden Road and Bandra in Mumbai.

Modern Bazaar (Delhi) 15 Community Centre, New Friends Colony; 011-40666484/5/6. Basant Lok, Munirka; 011-41669777. Select CityWalk, Saket; 011-41667671/2/. Shop No. 23, 24, 25 Arjun Marg Shopping Mall, DLF Phase-1, Gurgaon; 0124-4212190, 4212192.

Foodhall (Delhi) 1st floor, DLF Promenade, Vasant Kunj. (Bengaluru) Level 4, 1 MG Road, Bhaskaran Road, Someshwarpura, Halasuru. (Mumbai) 3rd Floor, Palladium Mall, High Street Phoenix, Senapati Bapat Marg, Lower Parel.

Le Marche (Delhi) 224-226, DLF Promenade, Nelson Mandela Rd, Vasant Kunj II. SG 84 to 85, DLF Galleria, DLF Phase 4, Gurgaon.

INA Market Opposite Dilli Haat, New Delhi.